

## Psalm 102 • Being Established by God

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1. (v.1-7) Come to the Lord exactly **as you are**, not pretending to be something that **you're not**. When we're experiencing deep anguish or affliction of spirit, it's best to present **exactly that** to the Lord.
2. (v.8-11) Even though we sincerely **repent** and are sorry for what has led to our times of anguish, we have to be **patient** and **endure** them according to His **schedule**.
3. (v.12-17) Just because God does not **respond** as fast as we wish does not mean He is not **responsive**; He's working out something much **greater** than the current circumstances would seem to indicate from our limited **perspective**.
4. (v.18-22) The purpose of God's **timing**, of His allowing difficult circumstances to linger beyond what we might wish, is to prepare us for His **service**.
5. (v.23-28) God is not just working through us within our **lifetime**, but with an eye toward future **generations** to come.