

Hebrews 4 • God's Rest

1. (v.1-5) We can believe in God, believe in His promises, but if our walk and behavior do not conform to God's **Word**, "**belief**" never grows into "**faith**".
2. (v.6-11) God's rest is attained through our daily **obedience** to His Word. The future is secured by **obedience** in the present.
3. (v.12) The proof of obedience to God's Word is changed **behavior**.
4. (v.13) True obedience passes the test of both externally **visible** and internally **hidden** behavior.

Overall:

God's rest is presented not as a refuge of escape, but the inevitable **destination** coming from putting His Word into practice both in **this life** and for **the next life** to come.